

Community Resource Guide of the Grand Valley – July/August 2023

Grand Valley Coalition for the Homeless

Maintained by Grand Valley Peace & Justice - Please send any changes to Sherry Cole @ Grand Valley Peace & Justice - programcoordinator@gvpeacejustice.org

History of Changes

**Note: Most current changes listed first. In order to keep the guide to minimum pages, previous changes listed will be kept on file at GVPI.

July/August 2023

1. Children & Migrant Services has changed their name to LA PLAZA (pg 1 & 13)
2. Added School District 51 Community and Parental Liaison – Migrant Education Program West Center Region (pg 3)
3. Removed “Action is Safer (pgs: 1, 3,4,8, 12, 15, 22)
4. “Call A Lawyer” dates for 2023 (pg 17)
5. Address change for Western Colorado Health Network (pg 15)
6. New entry “Misfit Addiction Counseling” (pg 20)
7. New entry “Medride” (pg 23)
8. Changes to “Community Food Bank” (pg 6)
9. Changes to “Karis” Programs (pgs 7, 8, 21,23)
10. Phone number change for Marillac at Department of Health facility only (pg 14)
11. Added email address to “Rocky Mountain Human Services (pg 24)
12. Change house for “Grand Junction Housing Authority” (pgs 3, 17, 20)
13. Updated “Department of Veteran Affairs, Western Colorado Health Care System” Crisis Line (pg 23)
14. Confirmed information for “Pro Bono Project of Mesa County” (pg 17)
15. Added new health provider “Hope West PACE” (pg 13)
16. New entry under “Government” – Homeless Coalition Liaison (pg 11)
17. Changes to “Mutual Aid” (pgs 6, 16)
18. Change to “School District 51 REACH Program” (pg 2)
19. Add service to “Outreach Day Center” (pgs 8, 15)
20. Changes to “Marillac Health/Dental” (pgs 14,16)
21. Added new Health Care provider “Pathways Family Wellness Center” (pg 15)
22. Changes to “HomewardBound and Pathways” (pg 8)
23. Address change for “WAGEES Project (The Freedom Institute)” (pg 2, 18)
24. Change to “Nurse-Family Partnership” (pg 1, 9)
25. Change to The Joseph Center Day Shelter (pg 7)
26. Changes to “Food Bank of the Rockies – Western Slope” (pg 5)
27. New entry “Integrated Insight Community Care” (pgs 14,20)
28. Changes to “Grand Valley Catholic Outreach” (pgs 6,10,14,18,22))
29. Change of address for “Front Range Clinic” (pg 20)
30. Added “Med Lift” to Transportation Section (pg 23)

**Note: Due to removal and addition of programs, pagination has significantly changed.

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Animals ** End of Guide

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Elderly Services

Emergency Food & Supplies

Clothing

Day Shelters & Services

Emergency Shelter

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Educational & Employment

Center for Independence

(970) 241-0315

740 Gunnison Avenue, Grand Junction, CO 81501

Assisting those with disabilities to become independent. For more information, visit:

www.cfgj.org/

Centro Colorado Head Start & Early Head Start

(970) 822-8606

Locations in Craig, Grand Junction, Parachute/Rifle: To apply visit, www.cdlf.org

Head Start is a federally funded program serving income eligible children and families. Head Start promotes school readiness through the provision of education, health, nutrition and other social services.

ChildFind

410 Hill Avenue, Grand Junction, CO 81501

Standardized screening to detect developmental delays and eligibility for services for children birth to age 3. ChildFind testing for children over 3 is provided through the school district. For more information, visit:

www.connect.d51schools.org/sites/shared/childfind/Pages/default.aspx

LA PLAZA

(970) 902-2491

721 Peace Avenue, Palisade, CO 81526 / P.O. Box 1038, Palisade, CO 81526

Migrant and farm workers only. Services for Members: group transportation to LA PLAZA to resource nights and activities; educational classes; support and services from Resource Navigator, access to food pantry, access to meals, 50% discount to fee-based events, eligibility to apply for direct assistance program, onsite interpretation and translation. Drop-In Hours: Monday 11am – 7pm, Tuesday 8:30am – 5pm, Wednesday 11am – 7pm; Thursday 8:30am – 5pm, Friday 8:30am – 5pm or by appointment. www.laplazapalisade.org or info@Laplazapalisade.org

Community Education Center

(970) 255-2800

(Western Colorado Community College)

2508 Blichman, Building B, Grand Junction, CO 81505

English as a second language, school counseling, community education. For more information, visit:

www.wcc.coloradomesa.edu/cec

Colorado Cross-Disability Coalition

Disability rights, ADA compliance, advocacy, legal issues, policy development, legislation, training and consulting.

www.ccdconline.org

Hilltop – Summit View

(970) 254-6885

455 N. 22nd St, Grand Junction, CO 81501

Monday-Friday 8am to 5pm.

Ages 7-18. Youth Alternative Educational Program, Youth Employment Program. For more information, visit:

www.htop.org/the-opportunity-center-school-program-toc/

Infant & Toddler Early Intervention Project

Provides a family home visitor for parenting skills towards educational support.

For children 0-3 years of age.

www.strivecolorado.org/Services_Child_and_Family_Page.aspx

Nurse-Family Partnership (Mesa County Public Health)

(970) 260-2356 (receives texts also)

Nurse-Family Partnership (NFP) connects first-time moms to their own free personal nurse, giving personalized support to the mom and her baby. NFP helps first-time moms have a healthy pregnancy, a healthy baby, and become the mom they want to be. The program offers information like preparing for labor and delivery, baby's development, feeding and sleeping education, and early child care. New moms are linked to community resources and provided educational gifts and books.

To refer a first-time mom, go to www.health.mesacounty.us, then click on "Family Services," or call/text at (970) 260-2356.

WAGEES Project – (The Freedom Institute {TFI})

(970) 778-5558

2867 Orchard Ave, Grand Junction, CO 81501

Dedicated to parolees in need of transitional housing, counseling services and compassion. Supportive Services: bus passes, educational materials, training and tuition, clothing/uniform assistance, ID/document acquisition.

www.newlyfree.com

JOB CORPS

Chris Connor, Admissions Counselor, Mesa County Workforce Center, 512 29 ½ Road, Grand Junction, CO 81504

(970) 773-0745 or email wiltse.christina@jobcorps.org

Job training program for at risk youth ages 16-24. Please call first as orientation for program is on Mondays.

Denise Wille, Western Colorado Career Advisor, Job Corps, CO/WY Admissions and Career Transitions Services

740 Gunnison Avenue, Grand Junction, CO 81501, mobile (970) 773-1604, wille.denise@jobcorps.org and/or

www.jobcorps.org

Joseph Center (The) Integrated Financial Services

(970) 245-4672 Ext 303

We provide Guardian Services for those individuals who can no longer manage to make health care or financial decisions for themselves.

Adult Learning Center of Mesa County Libraries

(970) 683-2443

443 N. 6th St, Grand Junction, CO 81501

Tutoring in reading, writing, math, citizenship, ESL and GED study. Computer literacy training. Children story times. For more information, email at adultlearning@mcpld.org

Mesa County Library – Central

443 N. 6th Street, Grand Junction, CO 81501, 970.243.4442, ask@mcpld.org, www.mesacountylibraries.org

Hours: M-Th: 9am – 8pm, F 9am – 6pm, Sa 9am – 5pm, and Su 1pm – 5pm Services: Books, movies magazines, public computers, wifi, computer classes, reference service, technology assistance, classes and activities for adults, teens and children.

Branch locations in Clifton, Collbran, DeBeque, Fruita, Gateway, Orchard Mesa, and Palisade.

Migrant Education Program/MCVSD 51

(970) 683-8686

2768 Compass Dr. Grand Junction, CO 81506

Assist children of temporary and/or seasonal agricultural workers with educational services such as: school supplies, backpacks, free school lunches, school sports fees and tutoring. We can direct families to community resources and offer assistance with possible agricultural employment. Director Koreena Montoya (koreena@d51schools.org)

Lead Migrant Recruiter Ruben Pacheco (rpacheco@d51schools.org)

(The) Parenting Place of Western Colorado

516 N. 15th St., Grand Junction, CO 81501

A community agency made up of local professionals dedicated to reducing the stress of parenting and promoting nurturing families through outreach, support and education.

strivecolorado.org/the-parenting-place/

Prenatal Center (St. Mary's Prenatal Center)

(970) 298-2273 /1-800-458-3888

2635 N. 7th St., Grand Junction, CO 81501

M-F 8am to 4:30pm.

Prepared childbirth classes. www.sclhealth.org/locations/st-marys-medical-center/.../pregnancy-baby/

School District 51

(970) 254-5100

2115 Grand Ave, Grand Junction, CO 81501

REACH Program (970) 254-5526

2768 Compass Drive, Grand Junction, CO 81506 Hours 9am to 2pm Momday – Thursday

The REACH program provides support for families with students attending a District 51 school and living in temporary or transitional housing. Some examples are: Doubled up with family/friends, Hotel/Motel, Shelter, Camper/Tent, and Unaccompanied Youth. www.mesa.k12.co.us

School District 51 – Community and Parental Liaison: Migrant Education Program – West Central Region

(970) 254-5511 or Cell Phone 970-683-8671

2768 Compass Drive Suite 202, Grand Junction, CO 81506

www.cde.state.co.us/migrant

School to Work Alliance Program (SWAP) Career Center

(970) 254-6008

2935 North Avenue, Grand Junction, CO 81504

Hours: M-F: 7:30am to 4pm.

Serve individuals ages 16-25 with mild to moderate barriers (academic, physical, mental) with job placement.

www.gjswap.org

STRIVE – People Supporting People

(970) 243.3702

790 Wellington Avenue, Grand Junction, CO 81501

www.strivecolorado.org

Vocational Rehabilitation

(970) 248-7103

222 S. 6th St. Room 215, Grand Junction, CO 81501

Skill development and job training for persons with disabilities.

www.colorado.gov/pacific/dvr/

Western Colorado Conservation Corps

(970) 241-1027

2818 ½ North Avenue, Grand Junction, CO 81501

Providing opportunities for men & women 14-25 to work and learn thru local conservation projects. Offers tools to complete GED and option to earn AmeriCorps Award for higher education. For more information, visit:

www.wccpartners.org

The Workforce Center

Employment Services (970) 248-7560 /job line (970) 248-7575

512 29 ½ Road, Grand Junction, CO 81504

The WFC houses a variety of services including GED classes and testing, Child Care Assistance Program, Colorado Works, Child Support Services, Career Development Program (tuition assistance for qualifying programs and various work-based learning opportunities), Employment Services (job search assistance, interviewing and resume assistance, etc.). For more information on any of these programs please visit www.mcwfc.us or call 970-248-0871.

Workforce Innovation Act Youth Program (WIOA)

(970) 248-0871 Hours: M-F 8am-4:30pm

512 29 ½ Rd, Grand Junction, CO 81504

Supporting adults and out-of-school Young Adults (KickStart) reach their full-time employment and in-demand educational goals.

CDP website: www.mcwfc.us/job-seekers/career-development

KickStart website: www.findyourfuture.us/programs/young-adults/kickstart/

Elderly Services/Housing

Ageing and Disability Resources for Colorado (ADRC)

(970) 248-2746 Email: adrc@htop.org
1129 Colorado, Grand Junction, CO 81501
M-F: 8am-5pm. www.htop.org/adrc/

Grand Junction Housing Authority (GJHA)

(970) 245-0388
8 Foresight Circle, Grand Junction, CO 81505
Monday – Friday 8am-4pm
Affordable housing assistance and Section 8 Housing programs.
www.gjha.org

Grand View Apartments (through VOA)

(970) 256-9904
1501 North 1st Street, Grand Junction, CO 81501
<http://section-8-housing.credio.com/l/8151/Grandview-Apts>

Independence Village Senior Apartments

225 North Coulson, Fruita, CO 81521
<http://section-8-housing.credio.com/l/8171/Independence-Village>

Monterey Park

999 Bookcliff Avenue
Grand Junction CO 81501
970-242-6682
www.housingapartments.org/rental_detail/8368

Senior Living Community Resource Site

www.seniorhousingnet.com

(The) Highlands (Seniors 62+) (GJHA)

(970) 245-0388
805 Bookcliff Ave
Grand Junction, CO 81501
www.thehighlandsgj.com

Emergency Food & Supplies

Clothing Vouchers for Goodwill

According to Goodwill there are three places that can give vouchers for clothing
St. Matthews Church – Outreach Coordinator – Cindy Murray (970) 640-5992
Mind Springs - Women's Recovery Center (970) 245-4213 – call first, you may have to be a client.
Mesa County Work Force Center (970) 248-0871 – call first, you may have to be in one of their programs.

HUNGER FREE COLORADO

1-855-855-4626
www.hungerfreecolorado.org

Food Pantries in Mesa County

A current list of food pantries in Mesa County. Call 211 for dates
www.needhelpayingbills.com/html/mesa_county_food_pantries.html

Supplemental Nutrition Assistance Program – DHS (Food Stamps)

510 29 ½ Road
Grand Junction, CO 81504
970-241-8480
Monday – Friday 8am – 4:30pm. Applications process in 7 to 30 days. Expedition of application possible.
www.colorado.gov/PEAK

Food Bank of the Rockies Western Slope

(970) 464-1138 - Fax (970) 464-1091

Food Boxes for Older Adults (60+) and Commodity Supplemental Program (CSFP)

Mobile Food Pantries:

Clifton Christian Church, 3241 F ¼ Rd, Clifton, (970) 434-7392 #2 – 4th Saturday at 9am – 11am.

Sherwood Park, 1301 E. Sherwood Drive, Grand Junction (970) 454-1138 – 2nd and 4th Tuesday 8am – 10am (June/July/August).

Orchard Mesa Fairgrounds, 2758 US-50, Grand Junction (970) 464-1138 – 2nd Monday 5pm 7pm

Website www.foodbankrockies.org/ws

Women, Infants, and Children (WIC)

(970) 248-6914

510 29 ½ Road, Grand Junction, CO 81504

Pregnant, nursing infants to age 1 and children, from birth to month of 5th birthday. EBT card for nutritious foods, nutrition education, and breastfeeding support. NEW: Homeless individuals who qualify with alternative package guidelines.

Request an appointment at the WIC tab at health.mesacounty.us web page. Resource Hotline: 1-855-855-4626.

CLIFTON

Clifton Assembly of God

258 5th Street, Clifton, Co. 81520

970-434-6907

Monday and Wednesday 8 – 12 Noon

Clifton Christian Church

(970) 434-7392

3240 I70B Frontage Road, Clifton, CO 81520

Wednesday: 9am-11:30am & 12:30pm-3pm; Friday: 9am-11:30am

Food, clothing, household items, and diapers. May access 3 times per year. Seniors and disabled persons may access 6 times per year.

Must have a Colorado ID for over 18 and SS cards for those under 18. (But will not turn people away in some situations).

FRUITA

Food Pantry - Canyon West Worship Center

(970) 858-9995

456 Kokopelli Boulevard #G, Fruita, CO 81521

Fruita, Loma, Mack residents only. Photo ID and proof of residency. Second Saturday of month 9am-11am.

Victory Life Church

(970) 858-4852

2066 Hwy 6 & 50, Fruita, Co. 81521

Wednesday & Thursday 10AM - 4PM

GRAND JUNCTION

Catholic Outreach Soup Kitchen

(970) 243-0091

245 South 1st Street, Grand Junction, CO 81501

Monday – Saturday 12pm-1pm HOT MEAL

Church on the Rock

(970) 242-7625

2170 Broadway, Grand Junction, CO 81507

You must call by 11am on Thursday to receive food boxes issued on Sundays only at 11:45am. Provides food boxes to those in need.

Commodity Supplemental Food (Salvation Army)

(970) 242-7513

1235 N 4th St., Grand Junction, CO 81501

Families with children ages 5-6; seniors age 60+, individual food packages. Monthly food packages for those who qualify. Monday, Wednesday, Thursday & Friday from 9am-11:30am and 1pm-3:30pm; Tuesdays 1:30pm-3:30pm. Proof of income and benefits are required along with picture ID of all adults 18 yrs. and older. Some form of ID for children and current utility bill or lease.

Community Food Bank

(970) 640-0336

476 28 ½ Rd, Grand Junction, CO 81501

Community Food Bank is open to residents of Mesa County by appointment only. Call between 9am – 12pm Monday – Friday to schedule an appointment. The pantry is open Monday, Tuesday, and Thursday from 12:30 – 5:30pm for clients to shop by appointment. Home deliver is available to homebound individuals with a direct referral from a medical professional or social worker – call for more details. SNAP/WIC application assistance and resource navigation offered.

Grand Valley Catholic Outreach www.catholicoutreach.org

(970) 241-3658

245 South 1st Street, Grand Junction, CO 81501

Monday-Friday 9am-11:30am.

Emergency Food Pantry: Food boxes for those who can prepare meals (visit once every 30 days). Clothing Bank: Clothing for all ages, household items and books (visit once a week).

Gray Gourmet

(970) 243-9844

551 Chipeta Avenue, Grand Junction, CO 81501

A nutritional meal program for Mesa County seniors age 60 and over sponsored by St. Mary's Hospital with 8 dining sites, home-delivered meals, and other nutrition-related services.

Hope Starts/Hope Room (Junction Community Church)

(970) 243-0757

2867 Orchard Ave, Grand Junction, CO 81504

Second and Fourth Saturday of the month from 9am-11am for clothing distribution. Infant to adult clothing available.

Mutual Aid Food Distribution & Resource Day (GJ)

(970) 316-2019

Every Tuesday (rain or shine) at 536 Ouray Ave, Grand Junction, CO 81501

9:30am – 12:30pm drop off donations

10:30am – 12:30pm pick-up supplies

Free choice pantry of non-perishable foods, frozen meats, fresh produce & hygiene essentials. Hot breakfast/lunch, to-go sack lunches, hydration station.

On-Site Human Resources and Advocacy Partners:

Weekly: Solidarity Not Charity with street outreach and seasonal gear; Unity Station Kutz for free haircuts/barber services. Barkley's Hope with distemper/parvo/canine influenza and feline leukemia vaccinations. Roice Hurst with furry friend supplies and referrals to low-cost pet care clinics.

2nd & 4th Tuesday: 211 Western Colorado for resource connections.

3rd Tuesday: Mesa County Public Health outreach (Nurse Family Partnership, WIC, SNAP, Grand Valley Connects, public clinic resources)

Last Tuesday of the month: Veteran Affairs HUD-VASH.

Seasonal: Tax credit outreach & education, voter engagement & registration.

Pregnancy Center

(970) 241-7474 or (970) 242-4673

930 Main Street & 704 Elm Street, Grand Junction, CO 81501

Clothing (both maternity and infant) and other baby items. Counseling and pregnancy tests done at the 704 Elm St. address.

www.pregnancy-center.org

Seventh Day Adventist – Community Service Center

(970) 242-2277

2554 Patterson Road, Grand Junction, CO 81506

Tuesdays only 9am-12pm & 1pm-3pm. (one visit every 90 days)

Sara’s Pantry (Junction Community Church)

(970) 243-0757

2867 Orchard Ave, Grand Junction, CO 81504

Second and Fourth Saturday of the month from 9am-11am.

Solidarity Not Charity (SNC) Weekly Community Meal Locations (all welcome no questions asked)

The Feeds by SNC (970) 628-5113 – Every **Saturday** at 4pm at Whitman Park 4th St & Pitkin Ave

Every **Sunday** at 12:30pm at Columbine Park 546 28 ¼ Rd. www.solidaritynotcharity.org/the-feed-team or

www.solidaritynotcharity/sunday-feed-team-project

Trinity Baptist Food Pantry (Orchard Mesa Baptist Church)

(970) 242-2355

2748 B ½ Road, Grand Junction, CO 81503

Fridays 9am-1pm; Closed 1st Friday of month. Proof of residency and ID required. Bread giveaway on Wednesdays

12pm-2pm. (one visit every 30 days)

Unitarian Universalist Church of The Grand Valley

(970) 257-0722

536 Ouray, Grand Junction, CO 81501 (southwest corner of the parking lot)

Hours of availability: 11am – 2pm Thursday. Food boxes for veterans must have valid ID and proof of service (VA ID or DD214)

Vets Helping Vets Food Pantry/Draw Nigh Ministries

(970) 739-4333

2430 Orchard Avenue, Grand Junction, CO 81501

A “Blessing Box” stocked regularly for the needy with snacks, sanitary items, diapers, dog and cat food and toiletries.

People can either take or leave items.

PALISADE

Palisade Church of the Nazarene

(970) 464-7770

3595 Highway 6, Palisade, CO 81526

10am-2pm on 2nd & 4th Thursday for food boxes.

Day Shelters & Services

Karis Street Outreach Program – 362 Main Street in basement under Look Eye Wear

On call 24/7 - (970) 234-7004 (Signage says “Eidsness Center for Youth”)

Drop-in hours are usually 11am – 3pm. Safe place for homeless & unaccompanied young people ages 13-24 to grab a meal, do laundry, take a shower, get clothing, use computer, and participate in group activities. Outreach advocates are on staff to provide support with finding and securing housing, education, employment, mental health services, and positive adult connections. www.karisinc.org

(The) Joseph Center Day Shelter & Adult Advocacy Program

(970) 314-9424 (Closed Mondays)

2511 Belford Avenue, Unit B, Grand Junction, CO 81501

A place where homeless families with children. Serves lunch. Volunteer mentors assist with resume writing and job searches and community resources. Peer to peer mentoring individual assessment plan. Life skills mentoring.

www.facebook.com/JosephCenterGJ/ www.josephcentergj.com

Oasis Clubhouse (operated by Mind Springs)

(970) 241-6099 - Glen Merritt (Peer Support Specialist)

450 Ouray Ave, Grand Junction, CO 81501

The Oasis Clubhouse is a place where anyone with a mental illness can go to hand out, receive support and reassurance, and engage in meaningful work. Clubhouse activities include skill Groups, support groups, work groups, recreational activities and outings.

Grand Valley Catholic Outreach Day Center

302 Pitkin Ave., Grand Junction, CO 81501, (970) 263-9445

Monday – Friday: 7:00am-11:00am.

Services offered: Laundry (sign up by 9am); Showers (sign up by 9am); Mail 8am-10:30am. Community Partnership Services: Marillac Clinic (**Monday's** 8am to 10am); Mind Springs Outreach Team (**Monday & Tuesday 7:30am-8:30am & Wednesdays 8am-9am**); Rocky Mountain Health- Health Counseling (**Fridays 8:30am to 10:30am**); St. Mary's Doctors (**Fridays 8am-10:30am – Medical & Behavioral**). St. Matthew's Shuttle Service (**Thursday 9:30am & 11am**). Veteran Affairs (**Tuesdays 7:30am to 9:30am**). Pathways Medical (**Tuesdays 8:30am – 10:30am**) Foot and Ankle Consultation with Dr. Joe Dahlin (**Every 3rd Wednesday of each month**) ****NOTE:** "Anyone wishing to use mail service, please sign up directly at the Day Center before changing your address, otherwise mail will get returned to sender."

www.catholicoutreach.org

Emergency Shelter

Homeward Bound of the Grand Valley

(970) 256-9424 / Guest Line (970) 256-0028

2853 North Ave, Grand Junction, CO 81501 – North Avenue Shelter and Homeward Hounds Pallet shelter)

562 29 Road, Grand Junction, CO 81504 – Pathway's Family Shelter

HomewardBound of the Grand Valley (HBGV) North Avenue Shelter is an overnight emergency shelter serving single adults. Intake for North Avenue guests is 6pm (new guests are recommended to complete the intake process at 5pm).

Homeward Hounds pet pallet shelters are located at the North Avenue location and serve single adults with pets (one medium to large dog or up to 2 small dogs per guest). New Homeward Hounds guest intake is at 4pm.

Services at North Avenue include overnight stay, dinner, showers, Case Management, and an outside day area.

Hours for guests are 6pm – 8am (starting at 4pm for new intakes)

Pathway's Family Shelter serves families and single adults who are in Recovery Living and Purposeful Work Programs. This shelter serves guests 24hrs. It is recommended to complete new intakes before 5pm. Services include Case Management, a 6-month inpatient Recovery Living Program, Purposeful Work Program, laundry, and meals (breakfast, lunch, and dinner).

Pathway's Wellness Center (PWC) [970-985-7469] is located inside Pathway's Family Shelter. PWC serves North Avenue Guests, Pathway's guests, and anyone experiencing low-income, homeless, or at risk of being homeless. Services include onsite medical, behavioral health, and case management. Hours are Monday – Thursday 9am – 5pm and Fridays 1/2 day. www.homewardboundgj.org

Karis, Emergency Shelter (The House)

On Call (24/7) (970) 234-7004

Ten-bed emergency shelter for youth ages 13 to 20 years (up to 21st birthday), staffed 24/7, offering intensive case management, advocacy, and support to move young people towards housing that is safe and stable, ongoing positive relationships, education and employment, and emotional, physical, and psychological well-being. www.karisinc.org

Latimer House Domestic Violence Programs

(970) 241-0324 - Crisis Hotline (970) 241-6704

1129 Colorado Avenue, Grand Junction, CO 81501

For individuals needing safe housing due to imminent danger from intimate partner violence and/or sexual assault. Case management and help with resources, advocacy, referral to safe house.

www.htop.org/latimer-house

"LINK" (970) 241-0324. Works directly with Hilltop's domestic violence services to provide a safe place for all kinds of small and large animals

Family Resources

Arc Mesa County (The)

(970) 245-5775 Fax (970) 644-5944
845 Grand Ave, Grand Junction CO 81501

Provides advocacy for individuals with intellectual and/or Developmental Disabilities and their families, wherever they may be, to ensure their opportunity to pursue personal goals, be educated and live, work and recreate with other community members. For more information visit www.thearcmesa.org

Cooking Matters

1129 Colorado Ave, Grand Junction, CO 81501

A course to learn to prepare meals on a budget, shop smarter, use nutrition information to make healthier choices

Family Empowerment

Referral Line - (970) 248-2800
510 29 1/2 Rd, Grand Junction, CO

The Family Empowerment Team can offer free and voluntary services to assist families in caring for their children. The focus of Family Empowerment is to strengthen family functioning and keep families together by focusing on increasing parenting strategies and understanding child development, increasing social and emotional competence of children, increasing parent resiliency and positive relationship, and increasing connections to concrete supports during times of need. The goal of Family Empowerment is to increase community engagement in family well-being through home-based services.

Family First

(970) 244-0460

Free car seat safety check: call (970) 254-4112

1129 Colorado Ave, Grand Junction, CO 81501

Building strong families through in-home parenting and education.

Foster Alumni Mentors

(970) 234-3519 (Monday – Friday 9am-5pm)

750 Main Street, Suite 110, Grand Junction, CO 81501

Foster Alumni Mentors builds community around foster alumni ages 16 and up. We provide mentoring, resources, and information to achieve goals and move forward in life for those who have experienced foster and kinship care.

www.fosteralummentors.org

Get Real

(970) 244-0601

1129 Colorado Ave, Grand Junction, CO 81501

Providing comprehensive confidence-building and pregnancy prevention services to youth. Serves boys and girls ages 10-19.

Hilltop Resource Center

(970) 242-4400

1129 Colorado Ave, Grand Junction, CO 81501

Provides information on many Hilltop programs for families and children.

Nurse-Family Partnership (Mesa County Public Health)

(970) 260-2356 (receives texts also)

Nurse-Family Partnership (NFP) connects first-time moms to their own free personal nurse, giving personalized support to the mom and her baby. NFP helps first-time moms have a healthy pregnancy, a healthy baby, and become the mom they want to be. The program offers information like preparing for labor and delivery, baby's development, feeding and sleeping education, and early child care. New moms are linked to community resources and provided educational gifts and books. To refer a first-time mom, go to www.health.mesacounty.us, then click on "Family Services," or call/text at (970) 260-2356.

(The) Joseph Center Day Shelter & Adult Advocacy Program

(970) 245-4672 ext.305 (Closed Mondays)

2511 Belford Avenue, Unit B, Grand Junction, CO 81501

Advocating for parents in transition in crisis, by partnering with local and state organizations for the purpose of helping families create a stable and healthy home environment. Services offered: court support, attend family engagement meetings, home visits. Support system to parents who have and who are in danger of losing their children by helping them reach their treatment plan goals. www.facebook.com/JosephCenterGJ/ or www.josephcentergj.com

Financial Assistance

Child Care Assistance

512 29 ½ Road, Grand Junction, CO 81504

Provides financial assistance for low income families who are working, looking for employment, or are in an educational activity and need child care service to support their efforts toward self-sufficiency.

www.mcwfc.us/services/child-care-assistance

Child Support Services

(970) 248-2780

For child support payment information contact Family Support Registry at (303) 299-9123 or

www.childsupport.state.co.us.

Colorado Indigent Care Programs (St. Mary's Hospital)

(970) 298-7070 / 1-800-221-3943 State Relay 711

2635 N. 7th, Grand Junction, CO 81501

Assistance with financial problems limiting the liability of individual and family medical costs. See website for guidelines and participating facilities: www.colorado.gov/pacific/hcpf/colorado-indigent-care-program

Friends of Man

1 (303) 798-2342

Littleton, CO

Financial assistance for low income families for medical, dental, food, clothing, day care, tuition and more. **MUST BE REFERRED BY A PROFESSIONAL.**

www.friendsofman.org

Grand Valley Catholic Outreach

(970) 241-3658

245 South 1st Street, Grand Junction, CO 81501

9am-11:30am

In emergency situations, assistance with rent, utilities, and car parts. Services are subject to current funding levels. www.catholicoutreach.org

Grand Valley Peace & Justice

(970) 985-4253 Email: programcoordinator@gvpeacejustice.org

Monday – Thursday 9am to 2pm **Call or email for an appointment**

740 Gunnison Avenue Grand Junction, CO 81501

*Assistance in obtaining Colorado Identification including Birth Certificates and other supporting documents.

*Food Pantry for Those Who Carry Their Homes on Their Backs or Live in Their Cars

*Free Notary Services

Housing Resources of Western Colorado

(970) 241-2871 www.hrwc.org

524 30 Road, Suite #3, Grand Junction, CO 81504

Weatherization Assistance Program: In partnership with the Colorado Energy Office, HRWC works to improve the energy efficiency of residential structures to income qualifying residents who own or rent their home. This free program makes cost-effective, energy-efficient home improvements to stick built or manufactured homes that reduce energy bills and give a more comfortable home year-round. Families or individuals receiving TANF, AND, SSI, LEAP and SNAP automatically qualify.

Housing Counseling and Education Program: HRWC is a HUD Approved Housing Counseling Agency with HUD Counselors who offer free services to residents of Western Colorado of any income level. Services include: Financial Coaching and Counseling, Financial Capability Workshops to improve credit, savings and reducing debt. Homebuyer Education Classes for those seeking to purchase a home. Pre-Purchase Counseling covers financial management, evaluating credit, prequalification assistance, and loan approval. Post-Purchasing Coaching help clients prepare financially for home maintenance, repairs, improvements, and refinancing a home. Counselors also work with Renters on developing a financial plan on spending, savings, and reducing debt. Understanding lease agreements, landlord requirements, tenant rights and working with clients who have been evicted.

Housing Rehabilitation Loan Program: The Housing Rehabilitation loan program provides income qualifying homeowners in Mesa, Garfield, and Rio Blanco counties access to low interest-rate loans to repair and maintain their homes. The goal is for a homeowner to have a healthier home to live in for years to come, comfortably and safely. Loan rates are typically from 0%-3% and payments are customized by Housing Resources based upon the homeowner's ability to pay.

Self-Help Building Housing Program: Uniquely designed to help people help themselves, Self-Help Housing is a "sweat equity" program through Housing Resources of Western Colorado (HRWC), that gives income qualified families the means to construct their own homes. Families who participate perform approximately 65% of the construction labor, under qualified supervision, on each other's homes. The labor that families contribute substantially reduces the cost of each home while also building equity. Participants in the program must be willing to contribute a minimum of 30 hours per week for approximately 8 to 12 months. Family and friends can contribute up to 15 hours per week which can count towards the 30 hours.

(The) Joseph Center Integrated Financial services Program

(970) 245-4672 ext. 304 **(Closed Mondays)**

2511 Belford Avenue, Unit A, Grand Junction, CO 81501

Organizational representative payee program for individuals on SSI/SSDI and fiduciary services for those receiving Veterans benefits. We also advocate for at-risk adults who are in our Integrated Financial Services Program.

www.facebook.com/JosephCenterGJ/ or www.josephcentergj.com

Low Income Energy Assistance Program (LEAP)

Assistance during Winter with gas/electric bills. November 1 to April 30

Administered by Discover Goodwill of Southern & Western Colorado (1-866-432-8435) or visit

<https://goodwillcolorado.org/services/leap/>

Mesa County Workforce Center: Colorado Works Program (CW)

(970) 248-0871

512 29 ½ Road, Grand Junction, CO 81504

Temporary financial assistance and intensive support to help eligible families secure employment and obtain self-sufficiency.

www.humanservices.mesacounty.us/assistance-programs/colorado-works-tanf/

Government

Homeless Coalition Liaison – Grand Junction City Council Member

Scott Beilfuss - (970) 250-2838 or scottb@gjcity.org

Mesa County Child Welfare Services **Mesa County Child Abuse Hotline 970-242-1222**

(970) 242-1211

510 29 ½ Rd, Grand Junction, CO 81504

www.humanservices.mesacounty.us/child-welfare

Mesa County Adult Protective Services

(970) 248-2888
510 29 ½ Rd, Grand Junction, CO 81502
www.humanservices.mesacounty.us/adult-services

Mesa County Health Department Community Resource

Online A-Z list of many types of community resources including financial aid, food assistance, childcare.
www.health.mesacounty.us/resources

Mesa County Workforce Center

(970) 248-0871
512 29 ½ Rd, Grand Junction, CO 81504
M-F: 7:30am to 4:30pm.
Many resources available for job seekers, youth and Veterans on their website. For more information, visit: www.mcwfc.us

Social Security Administration

1-800-772-1213
825 N. Crest Drive, Grand Junction, CO 81506
Obtain SS card or apply for Social Security Benefits (including disability)
Monday; Tuesday; Thursday; Friday: 9am-4pm. Wednesday: 9am-12pm.
For more information, visit: www.ssa.gov

Unemployment Denver

1-800-388-5515 or 1-888-550-2800
TTY 1-800-894-7730
To apply for unemployment.

Western Colorado 211

Dial 2-1-1 or 1-888-217-1215
Looking for training, employment, food pantries, help for an aging parent, addiction prevention programs, affordable housing options, support groups, etc. 2-1-1 allows people to give and get help.
www.wc211.org

Health Care

2nd Chances Counseling Center

(970) 245-6624
726 Colorado Ave, Grand Junction, CO 81505
Accountability group for teens, parenting, individual and family sessions. Reduced rates. Call for appointment.

Ariel Clinical Services (Children, Families, Adults)

(970) 245-1616
2938 North Avenue, Suite G, Grand Junction, CO 81504
Family Support Agency and Adults with Developmental Disabilities Service Agency. Foster Care; Structured Parenting Time; Home-Based Behavioral Consultation; Youth Mentor; Services for Adults.

B4 Babies & Beyond

(970) 255-8687
1129 Colorado Avenue, Grand Junction, CO 81504
Access prenatal and delivery care. Access quality health care coverage. Accessing health care easy for families. Help with maternity clothing and infant clothing. Help with baby needs (i.e., crib, car seat, stroller, high-chair).
www.htop.org/project/b4-babies-beyond

Counseling & Education Center (CEC)

(970) 243-9539
2708 Patterson (at 12th Street), Grand Junction, CO 81506
Monday – Thursday 9am-5pm. Friday 9am-12pm.
Providing affordable individual and family counseling on a sliding fee scale. Call for appointment.
www.cecwecare.org

LA PLAZA

(970) 902-2491

721 Peach Avenue, Palisade, CO 81526 / P.O. Box 1038, Palisade, CO 81526

Migrant and farm workers only. Services for Members: group transportation to LA PLAZA to resource nights and activities; educational classes; support and services from Resource Navigator, access to food pantry, access to meals, 50% discount to fee-based events, eligibility to apply for direct assistance program, onsite interpretation and translation. Drop-In Hours: Monday 11am – 7pm, Tuesday 8:30am – 5pm, Wednesday 11am – 7pm; Thursday 8:30am – 5pm, Friday 8:30am – 5pm or by appointment. www.laplazapalisade.org or info@Laplazapalisade.org

Colorado Mesa University Health Center & Grand Valley Urgent Care

(970) 256-6345 / (970) 644-3740

1060 Orchard Avenue, Grand Junction, CO 81501

Suite N (Grand Valley Urgent Care) www.yourcommunityhospital.com/Community_Care_of_the_Grand_Valley.cfm

Suite O (CMU Students) www.yourcommunityhospital.com/CMU_Student_Health_Center.cfm

Compassionate Friends (The)

(970) 434-3822 – Betty Hancock

Support group for loss of children, siblings, and grandchildren to any cause of death. Meeting held the 1st Tuesday of the month at the Messiah Lutheran Church (840 N. 11th St.) at 7pm.

Family Connections (Hilltop Program)

(970) 244-0621

1129 Colorado Avenue, Grand Junction, CO 81501

Services include: individual & group substance abuse treatment, employment and housing assistance, tutoring, assessment, referrals, mentoring and case management.

www.htop.org/family-connections

Good Samaritan Free Clinic (located in “Downtown Vineyard Church”)

(970) 712-6518

402 Grand, Grand Junction, CO 81501

By appointment only. Friday’s 1pm – 4:30pm. Saturday’s 9am-4pm. Offer wellness checks, school physicals, and mental health counseling.

Grand Mesa Medical Supply

(970) 241-0833

1708 North Avenue, Grand Junction, CO 81501

Free use of crutches, walkers, wheelchairs, shower bench & toilet risers. (Based on availability)

Hilltop Community Resources

(970) 242-4400

1331 Hermosa Ave., Grand Junction, Co. 81506

www.htop.org

Heartbeat of Grand Junction Support Group

[www.gjheartbeat@gmail.com](mailto:gjheartbeat@gmail.com) www.hearbeatgj.com

Heartbeat Survivors of Loss to Suicide support group, our mission is to support for suicide loss. Meeting held the 3rd Tuesday of the month at The First Congregational Church at 1425 N. 5th St. (across of GJHS) at 7pm. Informal coffee meeting on the 2nd Saturday of the month at 4 Winds Coffee (12th and Bookcliff) at 1:30pm.

HopeWest PACE

(970) 255-7223

2754 Compass Drive, Grand Junction, CO 81506

National health care model of care that provides comprehensive, coordinated care to keep individuals living safely in the community. Call to talk to an enrollment specialist. www.hopewestpace.org

Integrated Insight Community Care

(970) 201-1467

Integrated Insight Community Care is a leading healthcare provider committed to delivering collaborative, patient-centered care in Delta, Montrose, and Grand Junction, CO, with behavioral health offices in Paonia, Ridgeway, Norwood, Cortez, and soon to be in Durango. With a focus on integrity, compassion, and excellence, the multidisciplinary team of healthcare professionals aims to improve the health and well-being of individuals and families in the community.

Marillac Health

(970) 200-1600

Three (3) Locations

2333 N 6th Street, Grand Junction

2139 N. 12th Street, Suite 2, Grand Junction

510 29 ½ Rd (Mesa Co Community Services Bldg), Grand Junction

Call for hours of operation. Dental, vision care, medical care, mental health care and case management for low income, uninsured individuals. Must call for an appointment. www.marillacclinic.org

Health First Colorado (Colorado's Medicaid Program) Department of Human Services)

(970) 241-8480

510 29 ½ Road, Grand Junction, CO 81504

Monday – Friday 8am – 4:30pm.

Family & individual health insurance based on eligibility.

Apply online at www.colorado.gov/PEAK

Mesa County Health Department

(970) 248-6900

510 29 ½ Road, Grand Junction, CO 81504

Immunizations (including those required for travel) and Reproductive Health (including birth control, STI testing and treatment). Sliding fee scale for those who qualify. Confidential Services

www.health.mesacounty.us/

Mind Springs Mobile Crisis Unit/Colorado Crisis Services **1-844-493-8255 or text "talk" to 38255**

NATIONAL SUICIDE PREVENTION HOTLINE 1-800-273-8255 (24hrs – English and Spanish)

Mind Springs Mental Health – DetoxUnit

Offers a safe, secure and stabilizing environment. After determined to be under any mind-altering substance, can be psychiatrically evaluated, and medication needs are identified and can be immediately initiated. 24/7 Admissions.

www.mindspringshealth.org

Mind Springs Outpatient & West Springs Hospital

(970) 241-6023 (Mind Springs Outpatient)

(970) 263-4918 (West Springs Hospital)

24/7 Crisis Line 241-6022 / 1-800-207-4004

515 28 ¾ Road, Grand Junction, CO 81501

Individual/group counseling, psychiatric services. Sliding Scale fee. Peer services offering group classes, 1-1 support for free. West Springs Hospital – in-patient psychiatric care.

mindspringshealth.org/west-springs-hospital/

National Alliance on Mental Illness (NAMI) Real Hope, Real People

(970) 462-3989 or email: namiwesternslope@gmail.com During COVID email checked daily during the week and phone messages 1 day a week. Please call before coming to office

P.O. Box 1864 Grand Junction, CO 81502

422 White Ave (bottom floor of U.S. Bank), Grand Junction, CO 81501

NAMI is a grassroots organization that provides advocacy, education, support and public awareness so that all individuals and families affected by mental health conditions can build better lives.

NAMI's national helpline is open M-F 8am to 6pm MST: 1-800-950-6264

NAMI's confidential crisis text is available 24/7: Text NAMI to 741741

Grand Valley Catholic Outreach Day Center

(970) 263-9445

302 Pitkin Ave., Grand Junction, CO 81501

Monday - Friday: 7:00am to 11:00am.

Services offered: Laundry (sign up by 9am); Showers (sign up by 9am); Mail 8am-10:30am. Community Partnership Services: Marillac Clinic (**Monday's** 8am to 10am); Mind Springs Outreach Team (**Monday & Tuesday 7:30am-8:30am & Wednesdays 8am-9am**); Rocky Mountain Health- Health Counseling (**Fridays 8:30am to 10:30am**); St. Mary's Doctors (**Fridays 8am-10:30am – Medical & Behavioral**). St. Matthew's Shuttle Service (**Thursday 9:30am & 11am**). Veteran Affairs (**Tuesdays 7:30am to 9:30am**). Pathways Medical (**Tuesdays 8:30am – 10:30am**) Foot and Ankle Consultation with Dr. Joe Dahlin (**Every 3rd Wednesday of each month**) ****NOTE:** "Anyone wishing to use mail service, please sign up directly at the Day Center before changing your address, otherwise mail will get returned to sender."

www.catholicoutreach.org

Oncology Support Services/Survivorship (Grand Valley Oncology)

(970) 644-3180

2596 Patterson Road, Grand Junction, CO 81505

Pathways Family Wellness Center

(970) 985-7469

562 29 Road, Grand Junction, CO 81504

Pathways Family Wellness Center is a Primary Care and Integrated Behavioral Health office providing Healthcare and Behavioral Health Services for the Houseless and Housing Insecure of Mesa County. We are located inside Pathways family Shelter on the 2nd floor. We require appointments. Please call our office with any questions.

St. Mary's Family Practice

(970) 244-2800

1160 Patterson Rd, Grand Junction, CO 81506

Sliding scale.

www.stmarygj.org/services-and-departments/family-medicine-center

STRIVE – People Supporting People – Audyssey Programs

(970) 243-3702 or (970) 256-8661

790 Wellington Avenue, Grand Junction, CO 81501

Specialized services and supports for children and adults with autism spectrum disorder.

www.strivecolorado.org

Western Colorado Health Network (WCHN)

(970) 243-2437

1001 Wellington Avenue, Grand Junction, CO 81501

Monday – Friday 9am to 5pm

Free HIV, Hep C., and STI testing. Free sexual health supplies (condoms, lube, dental dams) and sexual health educational materials. Linkage to care for HIV, Hep C., and navigation for PrEP services. Syringe Access Program, distributing clean supplies, education, and case management for people who use drugs. Naloxone education and distribution. Case management for HIV+ individuals which includes advocacy, referrals, access to medication co-payment assistance programs, emergency financial assistance, vision and dental care, transportation assistance to attend medical appointments, and supplemental food assistance.: www.coloradohealthnetwork.org

Women's Wellness Connection

1-866-951-9355.

Free breast and cervical cancer screenings for women ages of 40-64 at or below 250% poverty level income. Local

Clinics: Marillac and St. Mary's Family Practice. www.womenswellnessconnection.org

Whole Health Case Management Services

You must be a patient of Primary Care Partners; Juniper Family Medicine or Foresight Family to be referred to Whole Health Care Management.

Dental Services

DentaQuest

Accepts Medicaid.

1-855-225-1729 or www.member.dentaquest.com

Fun at The Dentist

(970) 255-1111

2525 North 8th St, Suite 105, Grand Junction, CO 81501

Fun at the Dentist exclusively serves Health First Colorado (Medicaid) patients, and provides general dentistry and geriatric dental services to children, adults, and the elderly, as well as care for those with special needs. Fun at the Dentist has multiple dentists, which helps our patients get the best care possible, without long wait times.

www.FunAtTheDentistGJ.com

Marillac Health

(970) 200-1600

2333 N. 6th St, Grand Junction, CO 81501

All ages, toddler to seniors. Full scope of services including emergency to major procedures. Special program for low-income seniors. All insurance accepted including Medicaid, Medicare Advantage, Commercial, Self-Pay. Sliding Fee Discount Program available. www.marillacclinic.org

Parkway Dental

(970) 579-4196

1300 N 7th St, Grand Junction, CO 81501

YES! Dental

(970) 241-4937

2530 North 8th St. Suite 101, Grand Junction, CO 81501

Dental Medicaid. Accepting Adult Patients.

Homeless Individual(s) Advocacy & Assistance

Grand Valley Peace & Justice

(970) 985-4253 Email: programcoordinator@gvpeacejustice.org

Monday – Thursday 9am to 2pm **Call or email for an appointment**

740 Gunnison Avenue Grand Junction, CO 81501

*Assistance in obtaining Colorado Identification including Birth Certificates and other supporting documents.

*Food Pantry for Those Who Carry Their Homes on Their Backs or Live in Their Cars

*Free Notary Services

Mutual Aid Food Distribution & Resource Day (GJ)

(970) 316-2019

Every Tuesday (rain or shine) at 536 Ouray Ave, Grand Junction, CO 81501

9:30am – 12:30pm drop off donations

10:30am – 12:30pm pick-up supplies

Free choice pantry of non-perishable foods, frozen meats, fresh produce & hygiene essentials. Hot breakfast/lunch, to-go sack lunches, hydration station.

On-Site Human Resources and Advocacy Partners:

Weekly: Solidarity Not Charity with street outreach and seasonal gear; Unity Station Kutz for free haircuts/barber services. Barkley's Hope with distemper/parvo/canine influenza and feline leukemia vaccinations. Roice Hurst with furry friend supplies and referrals to low-cost pet care clinics.

2nd & 4th Tuesday: 211 Western Colorado for resource connections.

3rd Tuesday: Mesa County Public Health outreach (Nurse Family Partnership, WIC, SNAP, Grand Valley Connects, public clinic resources)

Last Tuesday of the month: Veteran Affairs HUD-VASH.

Seasonal: Tax credit outreach & education, voter engagement & registration.

Solidarity Not Charity (Frozen Hobo Rescue (FHR) Outreach Team

(970) 270-7217

P.O. Box 4650, Grand Junction, CO 81502

A Volunteer run community-based project. FHR provides (upon availability) emergency aid to those in need, surviving during winter months on the streets of Grand Junction, because nobody deserves to freeze to death even if they are mentally ill or intoxicated. During Summer months FHR provides (upon availability) Hydration & Gear during the hottest times of times. www.solidaritynotcharity.org/grand-jefferson-frozen-hobo-outreach-team

Legal Services

Call a Lawyer (970-256-4001)

Dates for 2023 7pm – 9pm: April 13, June 8, August 10, October 12, December 14.

Colorado Cross-Disability Coalition (CCDC)

(970) 260-1804

Disability rights, ADA compliance, advocacy, legal issues, policy development, legislation, training and consulting.

www.ccdconline.org/

Colorado Immigrant Rights Coalition

Nelly Garcia; She, Her Hers, West Slope Organizer nelly@coloradoimmigrant.org, www.coloradoimmigrant.org

Office: (303) 922-3344 Mobile: (970) 433-3668

Colorado Legal Services

(970) 243-7940 Ext 6

422 White St. Suite 300 (US Bank Building), Grand Junction, CO 81501

Intake hours are Monday – Friday from 9am-11am & 1pm-4pm. Provides legal assistance for low-income individuals.

www.coloradolegalservices.org/

Disability Law Colorado

(970) 241-6371 / 1-800-531-2105

322 North 8th Street, Grand Junction, CO 81501

Promoting and protecting the rights of people with disabilities, older people and their families through legal representation, advocacy, education & legislative analysis.

www.disabilitylawco.org/

Disability Legal Assistance – Disability Lawyer

Helping individuals at any stage of the disability process. Meeting with clients during the 3rd week of each month. Contact Beverly Lampley, 970-241-3658 ext. 106, or Deena Hamilton, 970-241-3658 ext. 109 at Catholic Outreach to schedule an appointment.

Hispanic Affairs Project (HAP)

Promoting immigrant integration in western Colorado through advocacy, direct assistance and community outreach. HAP programs include Immigration legal assistance, migrant outreach, education and organizing in issues impacting immigrants and low-income families. Office: 740 Gunnison Ave suite 208 – Grand Junction, CO 81501. Main phone number: 970.249.4115. email: info@hapgj.org – website: www.hapgj.org

Pro Bono Project of Mesa County

(970) 424-5748

1129 Colorado Ave, Grand Junction, CO 81501

Recruiting and coordinating volunteer lawyers to perform free and low-cost legal services for Mesa County residents who are low-income and victims of domestic violence.

www.probonomc.org

Low-Income Housing

29 Mile Apartments (aka Racquet Club)

(970) 245-6889

2915 Orchard Avenue, Grand Junction, CO 81504

Almost Home Guide and Roommate Exchange {separate directories} – go to website

(970) 241-3658

245 South 1st Street, Grand Junction, CO 81501

A comprehensive list of available rentals in Mesa County. Hard copies can be obtained from Catholic Outreach, Mesa County Department of Human Resources and Workforce Center, Homeward Bound of the Grand Valley (List posted online) www.catholicoutreach.org

Grand Valley Catholic Outreach

(970) 241-3658

245 South 1st, Grand Junction, CO 81501

St. Martin I – low income housing for Veterans who are chronically homeless and meet additional qualifications. St. Martin II & St. Benedict – low income housing for men and women who are chronically homeless and meet additional requirements.

Clifton Townhouses

(970) 434-3683

3222 D ½ Road #907, Clifton, CO 81520

Garden Village

(970) 242-3262

2601 Belford Avenue, Grand Junction, CO 81501

www.hrwco.org

Grand Junction Housing Authority

(970) 245-0388

8 Foresight Circle, Grand Junction, CO 81505

Monday – Friday 8am-4pm

Affordable housing assistance & Section 8 Housing Programs.

www.gjha.org

Grand Manor Housing (Section 8 only) {Rocky Mountain Communities Non-Profit}

(970) 245-8349

2828 Orchard Avenue, Grand Junction, CO 81501

www.rockymountaincommunities.org

Grand Valley Apartments

(970) 773-9736

Jaylee Street, Clifton, CO 81520

www.hrwco.org

Monument Ridge

(970) 245-3256

2680 B ½ Road, Grand Junction, CO 81503

<http://section-8-housing.credio.com/l/8278/Monument-Ridge>

Pathway's Village Apartments (Apply @ Homeward Bound)

(970) 256-9424

2853 North Ave., Grand Junction, CO 81501

For more information, visit: www.pathwaysvillageapts.com/

WAGEES Project (The Freedom Institute {TFI})

(970) 778-5558

2867 Orchard Ave, Grand Junction, CO 81501

Dedicated to parolees in need of transitional housing, counseling services and compassion. Supportive Services: bus passes, educational materials, training and tuition, clothing/uniform assistance, ID/document acquisition.

www.newlyfree.com

Willow Grove {Rocky Mountain Communities Non-Profit}

(970) 434-2674

3206 Mesa Avenue, Clifton, CO 81520

Substance Abuse Treatment Options

In-Patient

Burning Tree

1-866-287-2877 (Admissions)

Dallas, TX

HIV/AIDS Clients and Dual Diagnoses

www.burningtree.com

Fort-Lyon Supportive Residential Community

(719) 662-1100

30999 CO Rd 15, Las Animas, CO 81054

No sex-offenses.

www.coloradocoalition.org/property/fort-lyon-supportive-residential-community

Harvest Farm

(970) 568-9803

4240 E CO Rd 66, Wellington, CO 80549

Faith-based treatment facility for men only.

www.harvestfarm.net

Mind Springs – Women’s Recovery

(970) 245-4213

2800 Riverside Parkway, Grand Junction, CO 81501

“It is the only ‘for women-only’ program on the western slope and one of few in Colorado where women may have their children with them during the residential treatment. Children ages 0-10 with no behavioral issues are eligible to stay with their mother. www.mindspringshealth.org/womens-recovery-center/

Step One Inc. Recovery Housing

(602) 749-5434

9636 N. 11th Ave, Phoenix, AZ 85021

www.steponeinrecoveryhousing.com

Transitional Living Treatment Center (TLC)

(480) 969-1471

Phoenix & Mesa, AZ

Multiple locations available for both men & women.

No sex-offenders or arson convictions. www.transitionalliving.org

Out-Patient

Al-Anon

(970) 242-1075

2754 B Road, Grand Junction, CO 81503

Support group for families with a loved-one struggling with alcohol addiction.

Alcoholics Anonymous

(970) 245-9649 / 1-888-333-9659

1005 N 12th Street, Grand Junction, CO 81501

Support group for individuals struggling with alcohol addiction.

www.aa-westerncolorado.org/

Amos Counseling (Family Counselor)

(970) 778-4360 or (970) 314-0987

1150 N. 25th St. Suite B, Grand Junction, CO 81501

Open until 7pm.

www.amoscounseling.com

Email: amoscounseling@yahoo.com

Grace Christian Recovery LLC

(970) 712-9982

3155 E Eider Ct, Grand Junction, CO 81504

Recovery groups, and one-on-one recovery coaching,

free to low fee, sliding scale. www.gracechristianrecovery.com

Front Range Clinic - Grand Junction Clinic Life Beyond Addiction

(970) 644-5303

2478 Patterson Rod. Ste 18, Grand Junction, CO 81501

No one is turned away. No wait list. Appointments within 24-48 hours of initial contact. A team of board-certified addiction specialists. One-on-One, private conversation with a medical provider at each appointment. On-site individual and group counseling at select locations. Case management services at select locations. www.frontrangemd.com

Grand Junction Counseling

(970) 640-2428

115 N. 5th St. #401, Grand Junction, CO 81501

www.grandjunctioncounseling.com

Hilltop Community Resources

(970) 242-4400

1331 Hermosa Ave., Grand Junction, Co. 81506

www.htop.org

Integrated Insight Community Care

(970) 201-1467

Integrated Insight Community Care is a leading healthcare provider committed to delivering collaborative, patient-centered care in Delta, Montrose, and Grand Junction, CO, with behavioral health offices in Paonia, Ridgeway, Norwood, Cortez, and soon to be in Durango. With a focus on integrity, compassion, and excellence, the multidisciplinary team of healthcare professional aims to improve the health and well-being of individuals and families in the community.

Mesa: Summit View Treatment Program

(970) 244-3889

215 Rice St., Grand Junction, CO 81502

www.cjsd.mesacounty.us/treatmentservices.aspx

Misfit Addiction Counseling

(97) 403-5198

404 W Main St. #132, Cortez CO 81321

Treatment is only effective if it's accessible. Our Low-Barrier and teletherapy approach to services allow nearly anyone to receive treatment from anywhere. Regardless of whether you're looking for Group or Individual Counseling, need a Court Ordered Alcohol Evaluation; have DMV requirements for reinstatement; or have been charged with a DUI/DWAI. We understand your time is valuable and life isn't on hold. www.misfitcounseling.org or info@misfitcounseling.org

Narcotics Anonymous

Support group meetings

www.drugstrategies.org/NA-Meetings/Colorado/Grand-Junction/

New Season - Grand Junction Metro Treatment Center (“The Methadone Clinic”)

(970) 208-1130

1001 Wellington Ave, Grand Junction, CO 81501

Medication assisted treatment combined with professional counseling. Medicaid accepted. Grand funding may be available for those without Medicaid and who can't self-pay. Monday – Friday 6am-2pm. Saturday 6am-11am.

www.newseason.com/clinics/grand-junction-metro-treatment-center/

Northstar Transitions

(303) 625-6335

75 Manhattan Dr. #208

Boulder, CO 80302

www.northstartransitions.com

Oxford Houses

For men call Daniel at (307) 221-3261- Call for vacancies

For women call Natasha at (970) 822-2399 – Call for vacancies

The Oxford houses are Self-Ran, Self-Supportive Addiction Recovery that is an International Organization. Over 2600 houses and 77 of those are located in the state of Colorado. A \$250.00 non-refundable move in fee that is required upon moving in and the cost range is from \$500 to \$650 each house is different the other on the costs. No insurance accepted and only money orders accepted. Requirement is to be in a recovery from drugs or alcohol and are willing to seek Recovery outside of the house. Must be working or going to school if you're on disability you will need to be doing volunteer work while living there. We do not accept individuals that have been convicted of Sex or Arson crimes

RehabCenter.net

1-800-959-6280

Detailed list of Substance Abuse Treatment Centers & Services Provided.

www.rehabcenter.net/rehab-centers/colorado-rehab-centers/grand-junction

Peer Recovery Coach – Kim Bjornstad

(970) 216-0366

Hours: Monday – Friday 9am to 3pm. Will meet at Mind Springs or elsewhere in community.

A person with personal lived experience of addiction and living a life of sustained recovery. Works with and supports individuals immersed in addiction, and supports people in recovery from the abuse of alcohol and drugs. Helps people in need of treatment for opioid use disorder to get connected to Medication Assisted Treatment in their communities. Assists people in obtaining services that suit the individual's recovery needs.

Transitional/Permanent Housing

Almost Home (GV Catholic Outreach)

(970) 241-3658

245 South 1st Street, Grand Junction, CO 81501

A comprehensive list of available rentals in Mesa County. Hard copies can be obtained from Catholic Outreach, Mesa County Dept. of Human Resources, Homeward Bound of Grand Valley. List posted online: www.catholicoutreach.org

Karis, Adult Transitional Living (Asset House)

(970) 986-8588

The Asset House is a two-ear transitional living program for adults ages 18 and older. Residents at Asset House live in single rooms and share bathrooms and kitchen. We work to get residents connected with resources and support in the community. The monthly rent includes all utilities. www.karisinc.org

Karis, Permanent Supportive Housing (Bonnie's House, Laurel House)

(970) 234-7004

Bonnie's House is a voucher-based, 5-bed permanent supportive housing program for young people experiencing homelessness, age 18-24. Case management and advocacy assist young people to grow in self-sufficiency. Single room occupancy, voucher program, tenants pay 30% of their income towards rent. www.karisinc.org

Laurel House is a large apartment building that houses some of our community's most vulnerable young people. The program features 34 one-bedroom apartments with a lot of beautiful common space. Young people can stay in their apartments for as long as needed. Serving ages 18-24 at program entry. On-site staff including the program coordinator, two case managers, a full-time activities coordinator, and therapist – provide voluntary services for tenants in Laurel House. www.karisinc.org

Freedom House

(970) 347-9960

After care for those leaving prison. Structured Christian program 4-bedroom house.

E-mail info@freedomhouseministries.net

The Golden Girls through The Joseph Center

(970) 245-4672 ext 307 Hours of operation are Tuesday – Friday from 9am to 3pm.

2511 Belford Ave, Suite B, Grand Junction, CO 81501

Our mission is to provide transitional housing and support services to empower women 50+ to overcome housing obstacles.

Grand Junction Housing Authority

(970) 245-0388

8 Foresight Circle, Grand Junction, CO 81505 Monday – Friday 8am-4pm

Affordable housing assistance & Section 8 Housing Programs.

www.gjha.org

Grand Valley Catholic Outreach

(970) 241-3658

245 South 1st, Grand Junction, CO 81501

Temporary housing (1-3 months) for families with small children. One parent must be employed.

Karis, Transitional Living Program (Benni's Home, Matthew's Home and Janie's Cottage)

(970) 234-7004

The Transitional Living Program (TLP) provides housing (10 bed), case management, and support to young people, ages 18-22, for up to two years. The program is centered at 3 homes: (2) four-bedroom homes and (1) two-bedroom cottage. Tenants pay 30% of income monthly, which is held in savings for the duration of their stay in the program, and have their savings returned at program completion so that they can transition to self-sufficiency. www.karisinc.org

Phoenix Program

(970) 773-9741

Transitional Housing and Case Management for Homeless Veterans.

St. Benedict/St. Martin Place (operated through Grand Valley Catholic Outreach)

(970) 241-3658

245 South 1st Street, Grand Junction, CO 81501

Provides permanent housing options for those who are chronically homeless and otherwise qualify.

Karis, Transitional Living from Intimate Partner/Domestic Violence (Zoe House & CVS Apartments)

(970) 234-7004

The Zoe House & Crime Victim Services (CVS) Apartments is a 10-bed transitional housing program that provides housing and voluntary services to youth ages 18-22 and their dependents made homeless by intimate partner violence. Zoe House provides room for (5) young people and there is room for (5) young people in the CVS apartments. This is a 24-month transitional living program with low barriers to entry. Advocate assists tenants in gaining access to resources and services. www.karisinc.org

Transportation

GJPD Community Resource Unit (Traveler's Aid Fund)

(970) 549-5331

555 Ute Ave, Grand Junction, CO 81501

Basic Criteria: Over 18 yrs. of age, one-way travel only, no open criminal cases, no active arrest warrants, travel to family, employment or treatment (will be confirmed), no other means to purchase ticket.

Email: CRO@gjcity.org

Grand Valley Transit

(970) 256-7433

Public Transportation. For information on routes and pricing, visit: www.gvt.mesacounty.us/

IntelliRide (takes over for DHS for Non-Emergent Medicaid Transportation)

As of July 1 the DHS will no longer provide Non-Emergent Medicaid Transportation (NEMT).

IntelliRide

(970) 303) 398-2155 or Toll Free 1-855-489-4999

Medride

(970) 812-003 or (970) 712-0703

2764 Compass Drive Suite 109, Grand Junction, CO 81506

Alternative to Sunshine Taxi. Contact the number above to get an application that rider's provider must fill out. A medical provider at the Day Center can help with this. Application can be faxed to 719-545-0499 or emailed to brandon.medride@gmail.com

Med Lift

(970) 314-9511

Providing Non Emergent Transportation (NEMT) to Mesa County Residents that are enrolled in Health First Colorado (Colorado's Medicaid Program). **Available 24 hours a day / 7 days a week.**

Client Eligibility Requirements Must be a current Colorado Health First (Colorado Medicaid) participant, (CHP does not qualify). Client must be approved for NEMT Services. Client must not have any other means of transportation.

St. Matthew's Episcopal Church

(970) 257-9062

Monday – Thursday 9am-11am.

Transportation from Outreach Day Center on Thursday's.

Veterans Services

Department of Veteran Affairs, Western Colorado Health Care System

(970) 242-0731

2121 North Avenue, Grand Junction, CO 81501

Wide range of medical and mental health services for eligible Veterans. www.grandjunction.va.gov

Veterans Crisis Line: 988 Press 1 or 1-800-273-8255 Press 1 for Veterans

Confidential Crisis Line Chat at VeteransCrisisLine.net or Text to 838255

HUD-VASH – VA Homeless Programs

(970) 244-1318

2121 North Ave. Room 1406, Grand Junction, CO 81501

Hours Mon – Fri 1PM – 4PM

24/7 – 1-877-424-3838

Assistance for eligible Veterans finding housing. Community resources and VA benefits.

Joseph Center (The) Integrated Financial Services

(970) 245-4672 Ext 303

We offer VA Fiduciary services to veterans required to have a fiduciary.

The Vet Center

(970) 245-4156

561 25 Rd, Suite 101, Grand Junction, CO 81505

Readjustment counseling and outreach services for Veterans and their families. Medical referrals, and assistance in applying for VA benefits and much more. www.va.gov/directory/guide/facility.asp?ID=5610

Veterans Art Center

(970) 462-3126

307 S 12th Street, Grand Junction, CO 81501

www.veteransartcenter.com/

Mental Health Clinic – VA Homeless Programs

24/7 – 1-877-424-3838 or 1-800-273-8255

Assistance for eligible Veterans in finding housing. Community resources and VA benefits.

Veterans Memorial Cemetery

(970) 263-8986

2830 Riverside Parkway, Grand Junction, CO 81501

Burial benefits for veterans and their dependents. Early registration provided and encouraged.

Veterans Services Officer

(970) 248-2733

512 29 ½ Rd, Grand Junction, CO 81504

Helps veterans access a variety of services including obtaining discharge papers, filing claims. Information and access to benefits like pension, healthcare, education, home loans, survivor death benefits, burial. Along with the veteran benefit services available, the VetWorks Program can offer support services and training opportunities related to employment needs for veterans. www.mcwfc.us/services/veteran-services

Volunteers of America

*SSVF Back Home Programs

Western Region One Source Center

482 28 Rd, Grand Junction, CO 81501

970-644-5220 Fax: 970-644-5224 Email: ssvfjgpm@gmail.com

Homeless prevention, rapid rehousing, and support services designed to provide emergency assistance to veterans and their families. Eligibility criteria applies. www.voacolorado.org

Western Region One Source

(970) 257-3760 or Toll Free 1-844-485-9767 (email wros@dmva.state.co.us)

482 28 Rd, Grand Junction, CO 81501

Connecting veterans, military members and their families with service providers and resources. On site: State Veterans Service Officer (benefits) and DEERS/ID Cards & DA Photos. Veteran related events, training, support groups and seminars.

Workforce Veterans Representative (MC Workforce Center)

(970) 248-0871

512 29 ½ Road, Grand Junction, CO 81504

Ensures that all eligible Veterans are provided with maximum employment and training opportunities. Priority given to disabled Veterans and campaign Veterans. www.workforcecenter.mesacounty.us/Veterans

Rocky Mountain Human Services – Homes for All Veterans – Supportive Services For Veteran Families (SSVF)

(970) 200-4297 email: havreferrals@rmhumanservices.org

Western Slope Office – Scott Whiteman

482 28 Rd, Grand Junction, CO 81501

Services: Short term case management and financial assistance related to rapid rehousing and homeless prevention.






PET RESOURCES IN MESA COUNTY





The human-animal bond can be our greatest source of social support and comfort.
Below you can find services that may assist you and your pet(s).

Spay/Neuter and Vaccination Assistance




- 1. Animal Birth Control: Dogs and Cats:** Low cost spay/neuter surgeries and vaccinations

 (970) 523-5487
 502 28 ½ Road
 spayabc.com




- 2. Grand Valley Pets Alive: Dogs, Cats and Rabbits:** Vouchers available for spay/neuter

 (970) 462-7554
 grandvalleypetsalive.org



- 3. Mesa County Animal Services: Dogs, Cats, Rabbits and Potbelly Pigs:** For Mesa County residents only. Also investigates reports on suspicion of animal cruelty or neglect. Must apply online for the "Preventing Unwanted Pets (PUP) Spay/Neuter Certificates (\$25 off neuter, \$35 off spay)"

 (970) 242-4646
 971A Coffman Road
 animalservices.mesacounty.us



- 4. Roice-Hurst Humane Society:** Monthly Sunday low-cost vaccination clinics

 (970) 434-7337
 362 28 Road
 rhumanesociety.org

- 5. Grand Valley Cat Project:** Free spay/neuter surgeries for all cats in 81501 zip code, and loaner traps

 (970) 434-7337 ext. 102
 mila@rhumanesociety.org

6. **Spay Colorado: Dogs (Only Pit Bulls) and Owned Cats:** Subsidized spay/neuter (amount varies)

 (877) 654-7729
 Spaycolorado.org





PET RESOURCES IN MESA COUNTY



The human-animal bond can be our greatest source of social support and comfort. Below you can find services that may assist you and your pet(s).

Pet Food Assistance

1. **Catholic Outreach:** Free pet food (restrictions apply)

 (970) 241-3658
 245 1st Street



2. **Colorado Pet Pantry:** Pet food distributed in partnership with Western Slope Food Bank of the Rockies at 3241 F 1/4 Road in Clifton, on the fourth Saturday of the month, from 9am – 11am.

 303.818.0618
 <https://www.coloradopetpantry.org/>



3. **Community Food Bank:** Free pet food (restrictions apply)

 (970) 640-0336
 562 W Crete Circle, Suite 102



4. **Clifton Christian Church:** Free pet food (restrictions apply)

 (970) 434-7392
 615 I-70BL

5. **Mesa County Animal Services:** Discount pet food for sale (\$0.25/cup)

 (970) 242-4646
 971 A. Coffman Road

6. **Roice-Hurst Humane Society:** Pet Pantry, free pet food and other pet essentials (restrictions apply)

 (970) 434-7337


362 28 Road

🔍 Online application: <https://rhumanesociety.org/animal-resource-center/pet-pantry-application/>



PET RESOURCES IN MESA COUNTY



The human-animal bond can be our greatest source of social support and comfort. Below you can find services that may assist you and your pet(s).

Temporary Pet Care

1. **LINK:** Works directly with Hilltop's Domestic Violence Services to provide a safe place for clients' pets. Contact for eligibility.

☎ (970) 241-0324
☎ (970) 241-6704 *24-hour crisis line*

2. **Roice-Hurst Humane Society:** Short-term boarding for pets of qualifying individuals in times of crisis

☎ (970) 434-7337
🔍 rhumanesociety.org/animal-resource-center

Resources for Veterinary Medical Assistance

harleys-hopefoundation.org	petassistanceinc.org
paws4acure.org	redrover.org
bowwowbuddies.com	oscarcause.org

Other Pet Resources Not Listed Above

Barkley's Hope/Barkley's Fund

(970) 424-3390

713 Birdie Drive, Grand Junction, CO 81506

Work with at-risk people with (at risk) pets, usually dogs because they have a different set of needs especially with addicts and alcoholics. Our core belief is if you help the animal, you help the human. We connect the dots for services. After we treat the animal we work with the individual one on one if they want help getting out of a bad situation. We work with local resources who can foster a pet short term for them, give them 1st shots but we are not vets so we can't offer medical

advice and don't do spays or neuters. We work off of donations that average about \$10 an animal.
www.dv8vince@gmail.com

River Valley Gateway is a resource that offers end of life services for pets. The prices are around \$400, but they do sometimes have the option to offset some of the costs for individuals in underfunded circumstances. They also have the option to do the euthanasia in home or wherever the pet is. (970-251-8493)